

# BSS Experience – featuring True Me

Featured in every course, we provide an impressive programme of evening entertainment called BSS Experience that consists of fun and sociable challenges and events and is designed to deliver True Me.

<b>SUNDAY</b> BSS EXPERIENCE MISSION: INTEGRATION!	<b>MONDAY</b> BSS EXPERIENCE HOUSE WARMING!	<b>TUESDAY</b> BSS EXPERIENCE FEATURING TRUE ME	<b>WEDNESDAY</b> BSS EXPERIENCE FEATURING TRUE ME	<b>THURSDAY</b> BSS EXPERIENCE FEATURING TRUE ME	<b>FRIDAY</b> BSS EXPERIENCE LET'S CELEBRATE
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Sunday evenings play an integral part in the BSS Experience. On the first evening of a student's arrival, it is important for them to feel welcome and relaxed as they start their summer school journey with BSS.

Through team games, icebreaker activities and fun challenges, students meet their peers, begin to build friendships, and gain an understanding of our mission - **To put the student front and centre of everything we do, help them to focus, find their flow, discover their 'True Me' and prepare them to be future ready.**

On Monday evenings, each boarding house organises a Housewarming event with fun games, helping students to build positive relationships with their peers and a strong sense of community and togetherness.



Tuesday to Thursday involves a diverse range of different team-based challenges and social events, such as:

- Disco
- Escape Room
- House Song/Dance Competition
- Murder Mystery
- Olympic Games
- Talent Show

On Friday, we celebrate! This gives students an opportunity to showcase the projects they have been working on, receive awards and achievements, and celebrate their BSS experience in a relaxed and safe environment.



**“I learned about myself, how I treat others, and how I treat myself better.”**

Student, Summer 2023

**“I think it’s a good opportunity to know people, to learn and to improve English at the same time.”**

Student, Summer 2023

## TRUE ME, EVALUATION & REFLECTION



On Fridays during class time, students receive some self-evaluation time, supervised by their teacher. They reflect on what they have learned about themselves, their performance and how their personal skills, social skills, self-confidence, and authenticity have improved throughout the week.

The BSS Experience featuring True Me gently and subtly encourages students to:

- Improve communication
- Improve self-confidence
- Enhance creativity
- Accept others
- Develop critical thinking skills
- Respect diversity
- Understand the importance of collaboration
- Celebrate difference
- Increase flexibility and adaptability
- Live authentically

**True Me is an internal British Summer School philosophy and is reflected in everything we do.**

