

ADULTS  
2025



## WINE & COOKING PROGRAM

“

Learn French, explore the Côte d'Azur,  
and indulge in the delights of French gastronomy and wine,  
all while staying just 500m from the beach  
in our welcoming accommodation!

”

### FRENCH COURSE

20 morning lessons  
From Monday to Friday

+

### ACTIVITY PROGRAM

4 afternoons of wine & cooking activities  
Between Monday and Friday

+

### ACCOMMODATION

Centrally located studios,  
Very close to the beaches



1 week minimum - 14 sessions per year

FROM **774€** / WEEK

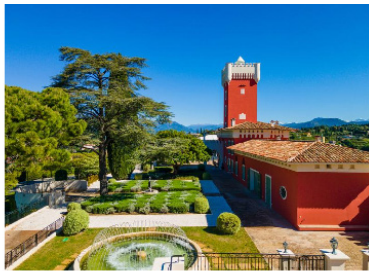


## FRENCH LANGUAGE AND LEISURE PACKAGE FOR ADULTS

### PROGRAM LEADER

A program leader dedicated throughout your stay.

- In addition to coordinating the activities, the program leader guides participants to an immersive cultural experience.
- Ensures the smooth running of the program, and connects students with the local guides of each workshop or visit.
- Encourages the practice of the French language skills outside of the classroom.



### TYPES OF ACTIVITES

A program which evokes curiosity and all your senses.

- Join culinary workshops to discover and prepare traditional French recipes.
- Dive into the world of wine with friendly tastings, showcasing France's renowned wine regions and local expertise, for a truly unique sensory and cultural experience.



### WHY PARTICIPATE IN OUR PROGRAM

- Deepen your knowledge of French cuisine and wine.
- Meet individuals with a shared interest in experiencing an authentic immersion of the region with an international community.
- All participants will be accommodated in a calm residential area of Antibes within a walking distance to the lively town centres and beaches of Antibes and Juan-les-Pins.



# WINE & COOKING



## SAMPLE OF SCHEDULE 4 activities per week

### WEEK 1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WELCOME EVENING AT THE RESIDENCE	Breakfast*					FREE TIME
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES + MAISON BREMONT	COOKING WORKSHOP	WINE TASTING	FREE DAY	VISIT OF NICE WITH FOOD TOUR	

### WEEK 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FREE DAY WELCOME EVENING AT THE RESIDENCE (new arrivals)	Breakfast*					FREE TIME (or departure)
	Shuttle from the residence to school					
	French standard courses					
	Break					
	VISIT OF ANTIBES (new arrivals) + CHEESE & WINE TASTING	PASTRY WORKSHOP	FREE DAY	PROVENÇAL FOOD TASTING WITH TAPENADE WORKSHOP	WINE TASTING & VINEYARD TOUR AT CHATEAU DE CREMAT	

## NOTES

- Breakfast is included from Monday to Friday.
- This timetable is given as a reference showing a sample of activity program. The program and the free day may be subject to change due to operational reasons or according to weather forecast.





## FRENCH COURSE

### STANDARD COURSE

Lessons are taught through an interactive teaching method developed by the Centre International Antibes. Students will take part in a host of interactive and didactic activities in speaking and writing. With the use of various teaching aids students will actively participate in dynamic exercises involving real life situations and role-playing.

### CLASS STRUCTURE

- 20 lessons of 45 minutes per week
- From Monday to Friday
- From 9:00 a.m. to 12:20 p.m. (15-20 min break)
- 12 students maximum in a class

### WHERE DO CLASSES TAKE PLACE?

Lessons take place at the **Chateau School** or at the **Port School**.

## NOTES

- Special arrival dates apply for complete beginners : 31.03 - 21.04 - 05.05 - 19.05 - 02.06- 15.09 - 13.10
- No classes are held on public holidays in France : 21.04 - 01.05 - 09.06
- Classes are neither refunded nor rescheduled, but the missed activity or excursion will be moved to an available afternoon.





## ACCOMMODATION

Students are accommodated in our comfortable in our Residence Aragon\*.

Our ideally situated residence offers recently renovated studios in an inviting and friendly atmosphere. The private modern en suite bathrooms and fully equipped kitchenette will provide additional comfort during your stay as it will make you feel just like at home.

### HIGHLIGHTS

#### ■ RESIDENCE ARAGON

Located in a quiet area between Antibes and Juan-les-Pins :

- **10 minute walking distance** from the beaches and the center of Juan-les-Pins and Antibes.
- **On site** : lounge area and large terrace.
- **Accommodation in studios** with private bathroom, air-conditioning and kitchenette.
- **FREE SHUTTLE FROM RESIDENCE TO SCHOOL IN THE MORNING**

### NOTES

- Bed sheets are provided.
- **Towels are not provided.**
- \* According to availability, we can also offer a studio in our **residence Castel Arabel.**

DESTINATION: ANTIBES



With 300 days of sunshine throughout the year and 25 kilometers of sandy beaches, Antibes is an exceptional destination on the French Riviera, between Cannes and Nice.

Learning French in Antibes allows you to enjoy the sunshine, the sea, and also to discover numerous picturesque attractions of the region.



## DATES & PRICES 2025

Arrival Sunday → Departure Saturday

SEASON	LOW SEASON 01/01 TO 29/03 19/10 TO 31/12	MEDIUM SEASON 30/03 TO 28/06 17/08 TO 18/10
<b>PACKAGE (price/week/student)</b>		
SINGLE ROOM DOUBLE ROOM	949 € 774 €	1089 € 844 €
ARRIVAL DATES EACH MONDAY BETWEEN	23 to 29.03 19.10 to 01.11	30.03 to 05.04 20.04 to 17.05 08.06 to 21.06 17.08 to 30.08 14.09 to 27.09
<b>ADDITIONAL SERVICES (price/week/student)</b>		
Transfer from/to Antibes station during the weekend	15 €	
One way transfer on weekend from/to Nice airport	60 €	
Supplement for guest in the studio (not participating in the program)	100 €	



# MAP OF THE CITY

## ANTIBES

