

SAILING – ACTIVITY PROGRAM











12-17 years old



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
7.00am		Wake up							
8.00am		Breakfast							
9.00-12.20am		French test for new arrivals or standard course Standard course							
12.30am		Lunch							
2.00-5.30pm Main activity/excursions		Intensive Sailing							
5.30-6.30pm Optional activity		Arrivals & Free time	Pool or beach with our activity leaders or Free time						
7.00pm		Dinner							
8.30-10.00pm		Welcome evening	BBQ	Casino evening	Film evening	Cabaret		Disco evening	Olympics evening
10.30pm	Curfew								

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7.00am	 <p>Free day</p>	 Wake up					 <p>Departure</p>
8.00am		Breakfast					
9.00-12.20am		Standard course 					
12.30am		Lunch					
2.00-5.30pm Main activity/excursions		Intensive Sailing 					
5.30-6.30pm Optional activity		Pool or beach with our activity leaders or Free time 					
7.00pm		Dinner					
8.30-10.00pm	Welcome evening 	BBQ	Treasure evening	Karaoke 	Cabaret	 Pool party	<p>See you next year!</p>
10.30pm	 Curfew						