





TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY				
07:30	Wake Up																	
08:00	Breakfast																	
09:00	Morning Meeting																	
09:15-10:15	Arrival 	Placement Testing	Functional Language	Functional Language	Functional Language	Functional Language	Theme Park 	City visit 	Functional Language	Functional Language	Functional Language	Functional Language	Functional Language	Departure 				
10:30-11:30		Skills Development	Skills Development	Skills Development	Skills Development	Skills Development			Skills Development	Skills Development	Skills Development	Skills Development	Skills Development					
11:45-12:45		Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>			Progress Test	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>	Projects <small>21st Century Skills</small>		Progress Test			
13:00		Lunch							Lunch									
14:00		Afternoon Meeting							Afternoon Meeting									
14:15-15:15		Warm-up Basketball assessment Getting to know Players Conditioning Drills Shooting Drills Practice Warm-down	Warm-up Defensive fundamentals (foot quickness, blocking out / rebounding) Pressure Drills (full court, . court and . court traps) Practice Warm-down	Warm-up Offensive fundamentals (offensive sets vs zone and man to man) Fast Break Drills (2 on 1, 3 on 2, 4 on 0, 5 on 0) Shooting drills Warm-down	Warm-up Shooting drills Patterns of play Special Situations (e.g. out of bounds play, free throw plays) Practice Warm-down	Warm-up Shooting drills Free throw competition Game preparation Tournament Warm-down Awards			Warm-up Basketball assessment Getting to know Players Conditioning Drills Shooting Drills Practice Warm-down	Warm-up Defensive fundamentals (foot quickness, blocking out / rebounding) Pressure Drills (full court, . court and . court traps) Practice Warm-down	Warm-up Offensive fundamentals (offensive sets vs zone and man to man) Fast Break Drills (2 on 1, 3 on 2, 4 on 0, 5 on 0) Shooting drills Warm-down	Warm-up Shooting drills Patterns of play Special Situations (e.g. out of bounds play, free throw plays) Practice Warm-down	Warm-up Shooting drills Free throw competition Game preparation Tournament Warm-down Awards					
15:30-16:30		Dinner																
16:45-17:45		Evening Meeting																
18:00		Evening Meeting																
19:30		Evening Meeting																
19:30-21:30	Welcome Evening (Icebreakers)	Social Challenge (Group Identity games)	Mental Challenge (Escape Game)	Physical Challenge (Olympic Games)	Fun Challenge (Talent Show)	Celebration (Disco Night)	Relaxation (Small games & Movie)	Welcome Evening (Icebreakers)	Social Challenge (Create a country)	Mental Challenge (Orienteering & Discovery)	Physical Challenge (Carlo ball tournament)	Fun Challenge (Treasure hunt)	Celebration (Festival Night)					
21:30-22:30	Bedtime (depending on age)																	
21:30-23:00	Lights Out (Depending on age)																	

***2 WEEK STUDENTS WILL RECEIVE FURTHER ATTENTION TO DETAIL IN THEIR SECOND WEEK WITH MORE VARIED DRILLS ACCORDING TO ABILITY
PLEASE NOTE ALL SESSIONS ARE EXAMPLES AND ARE SUBJECT TO CHANGE EACH WEEK. ENGLISH CAN TAKE PLACE IN EITHER THE MORNING OR AFTERNOON**