

Packing list

1. Important

- **ID/Passport (original) -> if you live outside of Switzerland**
- ID/Passport (copy) -> if you live in Switzerland
-> **If you booked the accompanied train ride from Bern or Zurich, you need to bring your original ID**
- health insurance card (copy)
- special medicine (if needed)
- **bring a sleeping bag for the following camps/room categories:**

Braunwald: for the dormitory and for the 4-6 bed rooms (with and without shower)
-> *In the double and single rooms, the bed linen is included in the price!*

Liddes St.Bernard: for the 8-bed, 6-bed, and 4-bed rooms
-> *In the host family and in the double room at Auberge des Alpes, the bed linen is included in the price!*

-> Please note that participants who have already booked the bed linen or are arriving by plane do not need a sleeping bag!

The bed linen can be booked up to 3 days before the start of the camp.
Please contact us for this by email or phone.
Price: **25 CHF**

2. Hygiene

- **two bath towels**
- shampoo & shower gel
- toothbrush & toothpaste
- toiletries

3. Clothes and shoes

- plastic bag for dirty clothes
- comfortable shoes
- hiking / waterproof shoes
- slippers
- socks
- trousers, long & short
- t-shirts, sweater/hoodie
- underwear
- raincoat and a warm jacket (!)
- sportswear
- swimwear, bikini/bathing suit

4. Class*

- writing utensils
- notebook for new words
- dictionary
- maybe schoolbooks / copies of old exams (e.g., for the intensive course)

For the **Math camp** in Braunwald:

- calculator, geometry compass, ruler & triangle

5. Sport & free time

- small backpack
- sunglasses
- sun protection (sun cream)
- wrist watch
- reusable waterbottle

6. Other items

- pocket money (around 50 CHF per week for snacks, refreshments, souvenirs etc.)

*Participants who booked the Chess / Creative / Polysport / Outdoor & Adventure camp have **no** language lessons during the morning! You should bring the class items above only if you booked afternoon intensive language lessons!

7. Optional activities / special camps

(only if already pre-booked)

1. Liddes St.Bernard:

Horse riding:

- o shoes with a small heel
- o clothes that can get dirty
- o riding/bike helmet(!)
- o optional: breeches, gloves, body protector and boots

Tennis camp:

- o tennis racket (if you don't own one, please let us know in advance)
- o tennis/sports shoes
- o enough sportswear

Adventure & Outdoor camp:

- o waterproof jacket
- o good hiking boots

All other equipment will be provided by us!

Polysport camp:

- o enough sportswear

All other equipment will be provided by us!

2. Braunwald

Chess camp:

All material will be provided by us!

Creative camp:

All material will be provided by us!

Subject to availability, optional activities can be booked up to 3 days before the start of the camp. Please note that the various activities cannot be combined with each other. If you're interested, feel free to contact us by email or phone.