



"I believe my son learned essential lessons about self-awareness and interpersonal skills which would have accelerated my own development tremendously if only someone had shared it with me at such a young age." Parent

LEADERSHIP & INTERNATIONAL RELATIONS ACADEMY (LIRA) 05 JULY - 19 JULY 2025, SEDBERGH CAMPUS

WHAT IS LIRA?

Drawing on Sedbergh’s wealth of experience teaching leaders of the future, LIRA is an innovative educational experience for older pupils (14-16) to develop and refine teamwork, leadership and communication skills.

Thought provoking, fully interactive and taught in conjunction with a team of subject matter experts, this transformative, 2-week personal development programme combines personal coaching, experiential learning and fun excursions to support pupils as they develop the necessary skills to become effective leaders of the future.

WHAT WILL YOU LEARN?

- Leadership styles to navigate all situations
- Goal setting to develop an individual plan
- Enhanced communication and negotiation skills
- Creativity tools to solve complex problems in new and interesting ways
- Sense-making tools to evaluate potential solutions
- Taking responsibility and being accountable
- Coaching skills
- Reflection as part of performance improvement
- Being part of - and leading - teams

